



Stages Studio Pro + Cycle Instructor

Chandler & Gilbert

Job Title: Stages Studio Cycle Instructor

Reports to: Fitness Director

Location: Alta Climbing and Fitness - Chandler & Gilbert

Alta is looking for experienced & energetic cycle instructors to teach cycle classes in our state of the art Stages Pro + Cycle Studio and build our new cycle program! This is a contracted position teaching at least one 30-60 minute cycle class per week. Ideal candidates are passionate about helping individuals accomplish their fitness goals and be their best self! At Alta we are down to earth, fun, family-oriented people who **Always Live The Adventure**, and want to help others live it too!

What You'll Do:

- Provide a safe, effective, and fun workout experience for our members.
- Lead by example--motivate, inspire, and support all participants
- Prepare professional class content to be used with the Stage Studio Pro + platform (training will be provided).
- Maintain current policies and procedures.
- Take initiative to promote our programs, strengthen our community, and help our members progress to our shared purpose – **We climb higher by lifting others.**

Who You Are:

- Attitude - Maintain a positive one;
- Live by example – always show integrity; keep yourself and others accountable;
- Together we can climb higher – Lift those around you;
- Active healthy and happy lifestyle;
- Have a passion for cycling, climbing, and adventure;
- Reliable and punctual;
- Solve problems and think fast on your feet; take initiative without prompting;

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Your Time Commitment:

- Teach a minimum of one class per week.
- Complete online and in person training.
- Attend quarterly staff meetings.
- Participate in instructor development activities.

Perks of Being part of the Alta Family:

- Free membership;
- Discounts on retail and gear;
- Staff climb nights and events;
- Growth opportunities are available to any staff member that is committed to the team and has a desire to succeed.

Employee Conduct:

Alta employees are responsible for following rules of conduct based on honesty, good taste, fair play, courtesy, safety, and professionalism when interacting with co-workers, customers, and vendors.